



# Webinar Registration Form

## Student Anxiety & Its Negative Impact On Retention: Strategies To Support, Respond & Refer Thursday, September 20 ~ 3:00-4:00pm (Eastern)

Once the live date has passed, this training will be available on demand.

### Overview

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In recent years, anxiety disorders have become prevalent among our students. Many students with significant anxiety seek treatment from campus mental health practitioners, but it is becoming a more frequent occurrence that students disclose and seek support from non-clinical professionals on campus, including faculty, residential life staff and advisors. How should one respond when a student shares that s/he/they "have anxiety"? A referral to the counseling center may be unnecessary, as the student may already be using that service. The student is seeking understanding, empathy, and perhaps accommodation. But should non-clinical staff engage with students around mental health concerns? If so, what do those staff and faculty members need to understand about anxiety disorders and their treatment?

#### Objectives:

- Learn about common anxiety disorders, their increased prevalence and related challenges
- Learn several techniques and strategies for responding to students whose anxiety is hindering their academic work and social interactions, including ways to effectively set limits and offer support

### Who Should Attend?

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- Student Services/Affairs
- Academic advising
- Student healthcare professionals
- Any educator interested in learning more about anxiety disorders



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### Speaker(s)

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**Kathryn D. Boger, PhD, ABPP**, is board certified in clinical child and adolescent psychology by the American Board of Professional Psychology and specializes in cognitive behavioral therapy (CBT) for anxiety, mood, and substance use disorders. She has had extensive training and experience in the delivery of empirically-supported treatments in both outpatient and residential levels of care. Dr. Boger helped to develop and is currently the program director for the McLean Anxiety Mastery Program. In 2011, she was the recipient of the Andrew P. Merrill Memorial Research Fellowship through McLean Hospital.



*"Anxiety is the most common behavioral health challenge on college campuses today. It hampers student engagement and success and drains resources from offices and staff who are not trained to respond in a clinical fashion. Learning how to help students better manage their anxiety is a win-win: for the student with anxiety and for the staff or faculty member who want to help but feel overmatched."*

**Lee Burdette Williams** is interim Director of the Higher Education and Student Affairs graduate program at the University of Vermont. She also serves as Director of Higher Education Training and Development for the College Autism Network. Lee has worked in student affairs for almost 30 years, serving as Vice President for Student Affairs and Dean of Students at Wheaton College (MA) and Dean of Students at the University of Connecticut. She is a frequent contributor to national publications and a speaker and presenter on topics that include student culture, mental health, sexual assault response and autism in college students.

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## Newsletter



**Student Anxiety & Its Negative Impact On Retention:  
Strategies To Support, Respond & Refer**  
Thursday, September 20 ~ 3:00-4:00pm (Eastern)

## Registration Information .....

Print Name		Job Title	
Institution/Organization			
Address			
City	State/Province	Zip/Postal Code	Country
Telephone	Fax	Email	
Innovative Educators Password (Choose a password for our records and future registrations)		Assistant's email (For registration confirmations & pre-conference communication)	
How did you hear about this event? (email, listserv, colleague, conference, other) _____			

## Payment Method .....

You can call us at 303.955.0415 or fax the completed form to 1.866.508.0860. If you would like to mail in the registration form and/or check, please send it to: Innovative Educators, 3277 Carbon Place, Boulder, CO 80301.

Paying by: (select one)    Credit Card    Check    Purchase Order (if applicable) P.O.#: \_\_\_\_\_  
(If you select PO as your payment method, a PO number is required.)

### Credit Card



Name on card		Account Number	
Billing Address	Billing City	Billing State	Billing Zip/Postal Code
Exp. Date	Security Code (last 3 digits on the back of Visa and MC)		

## Packages & Pricing

### Select your webinar package:

\$425 - 1 webinar (Unlimited connections at your institution and recording for one year)  
\$900 - 3 webinars (Save \$375)

\$1500 - 6 webinars (Save \$1050)  
\$3995 - Purchase Go2Knowledge to receive unlimited access to webinars & recordings for one year (Best Deal!)



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## Login Directions .....

The login directions provide the following information:

- A link and a password for the event.
- A link to test webinar access. Please test your computer prior to the event.
- The date and time of the webinar. Please be sure to reference the time zone converter on the login directions to confirm your event time.
- Audio instructions: You can stream the audio over your computer speakers, but you may want to have a phone available for backup purposes.

You will receive the login directions twice via email. The process is as follows:

- 1 week prior to the live event: You will receive login instructions.
- 1-2 days prior to the event: You will receive a link to the presentation and any additional handouts. Copies can be made for attendees if desired.
- The day of the event: Participants can login to the IE Webinar 30 minutes prior to the start time. Once logged in, participants can see the PowerPoint slides, ask questions, and make comments via the chat feature.
- Participants are encouraged to save and print the login directions to refer to on the day of the webinar.

## Site Connections .....

The basic registration fee allows you to access the webinar from one computer only. If you need multiple site connections, please register for the unlimited site connection price.

## Recording Information .....

The Monday following the live event you will receive a link to the recording, it can be forwarded to all faculty and staff for viewing anytime, anywhere.

**Recording Benefits:**

- Share the presentation with other staff members
- Pause presentation for convenient viewing
- Review the presentation after the live event
- Train new hires throughout the year
- Show during an in-service training

## Technical Details .....

Innovative Educators uses WebEx as its web conferencing provider. If you have not previously attended a WebEx event, please click here to make sure your computer is compatible with WebEx. Be sure to complete this test prior to the live conference. See system requirements for more information.

## What equipment is required? .....

An Internet connection, computer speakers, and LCD projector are required if a large group is viewing the presentation. Participants can call in via phone if they are having trouble retrieving the audio over the computer. Please be sure to reserve a meeting room prior to the live event that can accommodate these requirements as well as your attendees. You should reserve the room 30 minutes prior to the webinar start time and allow at least 15-30 minutes after the webinar for discussion.

## Cancellation Policy .....

- 30 days prior: Full refund
- 14 days prior: \$100 processing fee
- Less than 14 days: Credit towards another IE event

## Satisfaction Guaranteed .....

We want you to be satisfied with your purchase. For questions, concerns, or problems, please email [support@ieinfo.org](mailto:support@ieinfo.org) or call 303.955.0415.